

## **NEW HARTFORD**

MON-SAT SUNDAY

9am-6pm 10:30am-4pm

38 New Hartford Shopping Center (315) 724-4998

Visit our café serving real fruit smoothies, organic juices, local organic coffee & more!



## **JANUARY DEALS**



January 2nd - 31st, 2025

CASCADIAN FARM **FROZEN FRUITS & VEGGIES** 



35% OFF

**BOB'S RED MILL OATS REGULAR & GLUTEN FREE** 



35% OFF

**GLUTINO COOKIES, PRETZELS, CRACKERS + WAFERS** 



40% OFF

TRADITIONAL MEDICINALS **LOZENGES** 



40% OFF

**OREGON'S WILD HARVEST SUPPLEMENTS** 

**25% OFF** 

**NATURAL FACTORS SUPPLMENTS** 

**20% OFF** 

**FOOD FOR LIFE EZEKIEL BREAD** 



25% OFF

SPECTRUM COOKING OILS

(ALL VARIETIES)



40% OFF

**LIFEWAY KEFIR** 



30% OFF

LITTLE NORTHERN BAKEHOUSE **BREAD & BAGELS** 



30% OFF

Follow us:







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## January 2nd - 31st, 2025

**VAN'S GF WAFFLES** 



\$3.99

REG. \$4.99

**ALMOND BREEZE MILK** 



\$4.49

REG. \$5.99

**CASCADIAN FARM CEREAL** 



\$4.99

REG. \$6.49

JUSTIN'S ALMOND BUTTER



\$9.99

REG. \$13.99

COBRAM ESTATES
OLIVE OIL (25.4 OZ)



\$12.99

REG. \$19.99

GARDEN OF LIFE RAW & DR. FORMULATED PROBIOTICS



20% OFF

ONE DEGREE SPROUTED BROWN RICE CEREAL



\$4.99

REG. \$6.99

LILY OF THE DESERT
ALOE VERA JUICE + GEL



25% OFF

NATURE'S WAY
SAMBUCUS ELDERBERRY



25% OFF

PRINCE OF PEACE GINGER CHEWS



25% OFF

Follow us:



